



HEALTH IMPROVEMENT

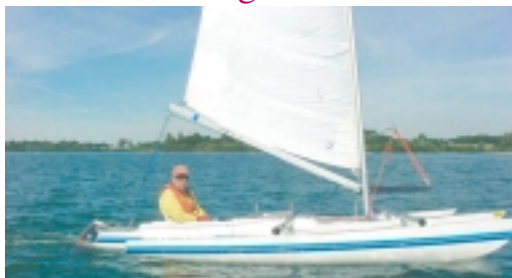
Priority

Our priority is to promote healthy living and reduce health inequalities.

Concerns

- Obesity and inactivity are increasing nationally.
- Poor housing conditions affect health.
- Elderly and disabled needing adaptations to property.
- Life expectancy shorter and teenage pregnancy higher in Great Cornard and parts of Sudbury.
- Alcohol and drug misuse.
- Rising levels of mental health problems.
- Food poisoning and accidents at work increasing.

What is being done



Sailing at Alton Water

- Health strategies and action plans in partnership with other organisations.
- Health promotion campaigns.
- Leisure facilities and sports development programme provided.
- Grants and other assistance, including rate relief, available for sports facilities.
- Grant assistance to improve property, heating and energy efficiency.
- Improvements to Council housing, such as double-glazing and central heating.
- Care and Repair Agency to assist

BDC

elderly to improve own homes.

- “Supporting People” programme.
- Disabled grants for private properties and disabled adaptations to Council houses.
- Working with other public and voluntary organisations to improve health and reduce pregnancy rates in Great Cornard and Sudbury.
- Contribute to and support Substance Misuse Training and Community Development Officers.
- Specialist housing for people with mental health problems.
- Food safety and health and safety enforcement and advice.

PLANS FOR THE FUTURE

Coming Year

- Be Active project for vulnerable young people and those with disabilities.
- Decision on Hadleigh Swimming Pool and the future use, funding and management of dual use sports centres.
- New Very Sheltered Scheme for elderly people at Stutton in Shotley Peninsula.
- New Private Sector Housing Renewal Policy.



Kingfisher Leisure Centre, Sudbury

Over the following 3 years

- Inspect houses in multiple occupation to ensure standards are adequate.
- n 2007 Private Sector House Condition Survey.

Within the 10 year period

- Working with other agencies, including Health and Social Care, to deliver Health Improvement targets.
- By 2008 every Council house to meet the “Decent Homes” standard. The Government target is 2010.
- Another supported housing scheme to be provided in Hadleigh.